# CLICK FOR SUPPORT

- REALIZED

A JOINT WEB-BASED INTERVENTION FOR YOUNG CONSUMERS OF NEW PSYCHOACTIVE UBSTANCES

## BACKGROUND

Due to the spreading phenomenon of New Psychoactive Substances (NPS) and the increase of their consumption throughout Europe, as well as the general lack of online information about NPS' effects and possible harms for young consumers, the aim of Click for Support – REALized is to develop a web-based intervention (WBI) aimed at young NPS consumers (14-25 years). This project (cofunded by the European Commission) is the follow-up of the 'Click for Support' project of 2014-2015 in which guidelines for effective WBIs in selective drug prevention have been developed.

# **NPS**

NEW PSYCHOACTIVE SUBSTANCES

**WBI** 

WEB-BASED INTERVENTION

#### **OBJECTIVES**

The main objective of the project is to develop a web-based intervention in the form of a responsive website and application for mobile devices. The WBI will contain general information, a self-assessment test, and intervention modules. The intervention will contain a 30-day structured programme with a consumption diary, operated by national prevention experts. The Dutch IT company 'Wildsea' develops the website and application.



# THE SPECIFIC OBJECTIVES OF THE PROJECT ARE:

- Collecting and sharing Good Practices in the field of NPS prevention;
- Increase the WBI's acceptance among the target group;
- Development of a WBI for NPS;
- Enabling prevention experts to work in web-based selective prevention;
- Reaching the target group;
- Evaluating the effectiveness of the WBI (outcome evaluation).

During the second workshop in April 2018, the beta version of the website will be introduced to the partners and national prevention experts will be trained in Motivational Interviewing, online counselling, and handling the WBI. Until June 2018, there will be a beta / pilot phase in which members of the target group will use the WBI and give feedback

As of June 2018, the WBI will be online and in operation, during which an evaluation period of five months will be held. The project coordination will conduct an outcome evaluation of the WBI's effectiveness for all partner countries. In November 2018, the final results will be presented at the project's Final Conference in Münster, Germany.

# PARTNER ORGANISATIONS IN 13 EUROPEAN COUNTRIES

Institut Suchtprävention, Austria pro mente Oberösterreich **Belgium** CAD vzw Limburg Cyprus **KENTHEA Finland** EHYT ry Germany LWL-Universitätsklinik für Kinderund Jugendpsychiatrie, Hamm Athina Ygeia Greece Italy Forum Prävention Latvia **Educational Centre for** Families and Schools Luxembourg CePT - Centre de Prévention des Toxicomanies Stichting Tactus Verslavingszorg **Netherlands IREFREA Portugal Portugal** Slovakia Prevencia V&P National Institute of Public Slovenia Health (NIJZ)

### PRACTICAL INFORMATION

Landschaftsverband Westfalen-**Project** coordination Lippe, LWL-Coordination Office for Drug-Related Issues Münster, Germany Head of project Markus Wirtz (markus.wirtz@lwl.org) **Project coordinator** Nadine van Gelder (nadine.van-gelder@lwl.org) **Project website** www.clickforsupport.eu

SIGN UP FOR THE PROJECT NEWSLETTERS OF 2018 THROUGH: NADINE.VAN-GELDER@LWL.ORG



# Center for Prevention of

Addictions & Promotion of Psychosocial Health, GREECE



LWL Coordination Office for Drug-Related Issues, GERMANY



CAD Centra voor Alcohol- en andere Drugproblemen, BELGIUM



CePT Centre de Prévention des Toxicomanies, LUXEMBOURG



**Education Centre** for Families and Schools, LATVIA



#### Finnish Association for Substance Abuse Prevention, FINLAND



Forum Prävention, ITALY



Institut Suchtprävention pro mente Oberösterreich.





IREFREA Instituto Europeu para o Estudo dos Factores de Risco em Criancas e Adolescentes. PORTUGAL



Universitätsklinik Hamm - der Ruhr-Universität Bochum Klinik für Kinder und Jugendpsychiatrie, GERMANY



#### Kenthea

Center for Education about Drugs and Treatment of Drug Addicted Persons CYPRUS



NIJZ National Institute of Public Health SLOVENIA



Prevention V&P SLOVAKIA



Tactus Tactus Addiction Treatment. **NETHERLANDS** 

**THE 13** EUROPEAN **PARTNER** ORGANISATIONS IN 'CLICK FOR SUPPORT - REALIZED

